

# connections

For the Friends of Yavapai Regional Medical Center Foundation    **SPRING 2023**





*Larry Cunningham passed away in May of 2022.*



*Today, his kind, gentle  
and loving spirit continues  
to provide for others.*

A veteran, federal employee and longtime Yavapai Regional Medical Center volunteer, Larry Cunningham led a rich and rewarding life serving others. Today, even though he has passed, Larry continues to serve those in need through a gift in his estate plan to YRMC's Alzheimer's & Dementia Care program.

**Make a difference in the lives that follow.**

Please consider designating the YRMC Foundation in your will or estate plan.



**Yavapai Regional  
Medical Center Foundation**  
A Dignity Health Member

**John Goodenow, Director of Philanthropy**  
(928) 771-5623 · [john.goodenow900@commonspirit.org](mailto:john.goodenow900@commonspirit.org)



# people like you who care

People like you who care really do change the world through your giving hearts. And perhaps there is no better example of this than the continued outpouring of community support for the Baskin Breast Care Center at YRMC.

Thanks to the many businesses, clubs, civic organizations and independent groups of caring individuals who coordinated fundraising events and the hundreds upon hundreds who supported these activities, more than \$200,000 was raised last fall to support our Center and its patients.

These photos represent just a fraction of those who organized and supported this record-setting year of events.

For more information on hosting a fundraiser, please contact Angi Bryan at (928) 771-5169 or [angi.bryan900@commonspirit.org](mailto:angi.bryan900@commonspirit.org).



This page, top to bottom, left to right: Barrett Propane “Pink Truck,” Summit 4X4 Company “Trails 4 Tatas,” and Prescott Frontier Days “Tough Enough to Wear Pink.”



# people like you who care



**This page, top to bottom, left to right:** Capital Canyon Club “Swing for the Cure,” Hassayampa Inn “Wishing Fountain,” Movement Studio “Pink Dance,” Texas Roadhouse “Stompin’ Out Breast Cancer,” *Prescott Daily Courier* “Pink Pages,” Prescott Police “Pink Patch Project.”







This page, top to bottom, left to right: Fork in the Road Restaurants “Boot Out Cancer,” Moyer’s Heating & Cooling “No One Fights Alone,” ERAU Alpha Sigma Tau, *Homes & Land* Magazine “Pink Edition,” ERAU Athletics “In Honor of Kim,” Mayer High School Girls’ Volleyball Team.





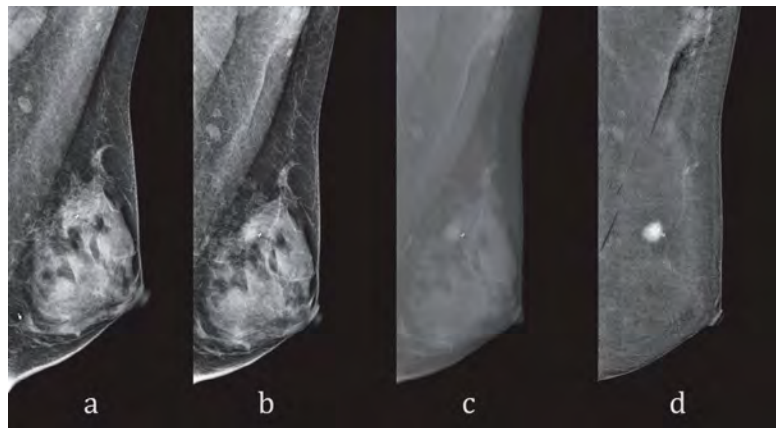
# your gift touching lives

100% of every dollar you donate to the YRMC Foundation goes to support the program(s) you select.



## Remote Patient Monitoring System

Remote patient monitoring systems enable audio and visual monitoring of patients at risk for falls, freeing up patient care technicians and nurses to focus on other urgent tasks. This model of care helps health systems reduce labor costs while liberating their bedside nurses to provide elevated, hands-on patient care. Recently, YRMC Foundation funds enabled the purchase of five monitoring systems to assist our staff.



Images (a) and (b) look identical, as the contrast uptake is not easily distinguishable. The high-energy mammogram (c) shows the lesion but at low contrast. The final dual-energy image (d) clearly shows the iodine uptake in the single isolated lesion.

## Contrast Enhanced Mammography

Thanks to donor support raised through several recent community fundraising events, the Baskin Breast Care Center at YRMC will be adding state-of-the-art equipment and software to aid in the diagnosis and staging of primary breast cancer, called Contrast Enhanced Mammography (CEM). When routine breast imaging produces inconclusive findings, CEM helps improve diagnostic accuracy and serves as an alternative to breast MRI. CEM is also used with patients unable to have breast MRI because of implants, habitus (physique or body build), and/or out of concern for Gadolinium Contrast Medium (GAD) dye injected each year for high-risk patients.

According to Yavapai Regional Medical Group Breast Surgeon, Dr. LaNette Smith, clinicians are turning to contrast-

enhanced mammography as a tool for working up suspicious lesions first identified on screening mammograms. Although breast MRI has long been used for this application, MRI scans are expensive and time-consuming while contrast mammography and biopsy can be performed on the same systems used for breast screening. A recent clinical study found that 98% of patients had an overall positive opinion of their experience with this procedure.



### Panda Infant Warmers

Recently, YRMC Foundation funds were used to purchase GE Panda Infant Warmers, one for each of our Emergency Departments. Maintaining a baby’s body temperature at normal levels is imperative for their health. Without this, they may experience hypothermia which may impair their bodily and organic functions.



Leigh Ann Frankel, YRMC Foundation board member and Lynn Daugherty, Director of the Family Birthing Center at YRMC with simulation manikins.

### Next Generation Patient Simulation Manikins

YRMC’s Family Birthing Center (FBC) welcomes Newborn Tory and Expectant Mother Noelle simulation manikins. According to FBC Director, Lynn Daugherty, “These simulation manikins are essential to provide safe and reproducible situations for clinical skills teaching, decision-making and team training.”



### Patient Room Communication Boards

Patient room communication boards are a necessary tool in promoting patient safety, ensuring patient and staff communication, and maximizing a positive patient experience. The surfaces on our current boards have become worn over time. Thanks to your support, your YRMC Foundation was able to provide the funding necessary to replace the boards in every patient room at both our Prescott and Prescott Valley hospitals.

# news you can use

## Estate Planning Creates Peace of Mind

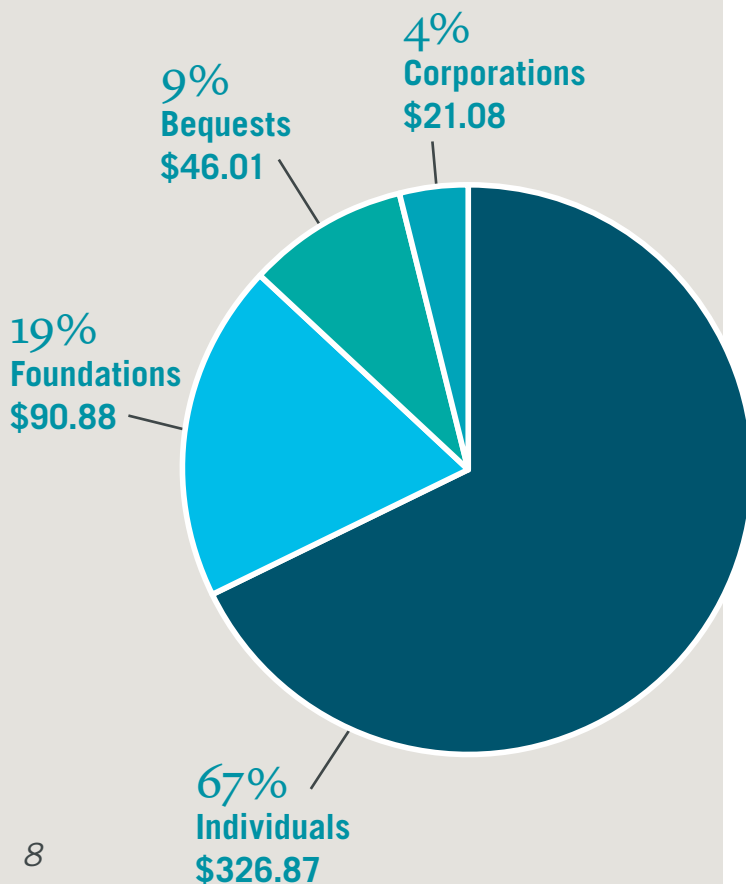
In 2021, charitable giving through estate bequests in the United States totaled \$46 billion. Representing 10% of all giving, this amount is more than twice that is given by corporations. It is anticipated this number will continue to grow.

Similar to the national trend, the YRMC Foundation has seen the growth in bequest giving. Indeed, those who have named the Foundation as a beneficiary in their will or estate plan have made a significant impact on the health and wellbeing of our community. (A list of YRMC Foundation Legacy Circle members can be found on page 18 of this issue.)

## You change the world with your giving heart.

### Giving in America

2021 contributions: \$484.85 billion by source of contributions  
(in billions of dollars – all figures are rounded)



**Be prepared.** An April 2021 Gallup poll found that less than half (46%) of U.S. adults have a will that describes how they would like their money and estate to be handled after their death. Estate planning is more than just transferring assets. The process will help clarify values and goals, as well as bring peace of mind, as a plan is created that benefits loved ones and favorite causes.

Our community is blessed with excellent legal counsel with expertise in estate planning. In addition, the Arizona Community Foundation of Yavapai County is also a wonderful resource for those who wish to explore options. Information is also offered on the YRMC Foundation website.

If you are considering a gift from your will to the YRMC Foundation, you may find the general bequest information on page 9 helpful. Through a provision in your written and executed will, you can make a gift in the form of cash, securities, real estate or personal property. There are various types of bequests. Choose the one that best fits your needs and intentions.



## Including Yavapai Regional Medical Center Foundation in Your Will

Make Yavapai Regional Medical Center Foundation a part of your personal legacy with a charitable gift from your estate.

**Gifts from Wills and Trusts:** When making a charitable gift to a nonprofit organization, it is vital that the charity's legal name, address and other identifying details be used. To name Yavapai Regional Medical Center Foundation in your will or trust, please use the following bequest language that best suits your wishes:

### Residual Bequest Language

A residual bequest comes to us after your estate expenses and specific bequests are paid:

*I give and devise to Yavapai Regional Medical Center Foundation, Prescott, AZ (EIN 86-1038463) all (or state a percentage) of the rest, residue and remainder of my estate, both real and personal, to be used for its general support (or for the support of a specific fund or program).*

### Specific Bequest Language

You can also name Yavapai Regional Medical Center Foundation as a beneficiary of a specific amount from your estate:

*I give and devise to Yavapai Regional Medical Center Foundation, Prescott, AZ (EIN 86-1038463) the sum of \$ \_\_\_\_\_ (or \_\_\_\_\_ shares of \_\_\_\_\_ stock) to be used for its general support (or for the support of a specific fund or program).*

### Contingent Bequest Language

Yavapai Regional Medical Center Foundation can be named as a contingent beneficiary in your will or personal trust if one or more of your specific bequests cannot be fulfilled:

*If (INSERT INDIVIDUAL HEIR'S NAME) is not living at the time of my demise, I give and devise Yavapai Regional Medical Center Foundation, Prescott, AZ (EIN 86-1038463) the sum of \$ \_\_\_\_\_ (OR "ALL" OR "PERCENTAGE OF THE RESIDUE OF MY ESTATE") to be used for its general support (OR FOR THE SUPPORT OF A SPECIFIC FUND OR PROGRAM).*

*The above is informational and educational in nature. It is not offering professional tax, legal, or accounting advice. For specific advice about the effect of any planning concept on your tax or financial situation or with your estate, please consult a qualified professional advisor.*



## Yavapai Regional Medical Center Foundation

A Dignity Health Member

John Goodenow, Director of Philanthropy  
foundation.yrhc@commonspirit.org  
1003 Willow Creek Road  
Prescott, AZ 86301  
(928) 458-2900





# guardian angels



## Honoring Our Guardian Angels

Not long ago, the YRMC Foundation introduced its Guardian Angel program. YRMC Guardian Angels are staff members, physicians, and volunteers who patients or family members have honored by making a gift to the Foundation in their name.

Recently, the YRMC Foundation honored seven new YRMC Guardian Angels. Each received a certificate of appreciation and a custom lapel pin to wear honoring their commitment to excellent care. Additionally, every honoree and their guest will be invited to attend the Foundation's annual Circle for Excellence donor recognition program.

We are most grateful to our donors who choose to express their gratitude in such a thoughtful way. Likewise, we are blessed with a caring and compassionate workforce who embrace our values of humankindness. We are pleased to introduce you to our most recent Guardian Angels.

**Gratitude is a powerful force.**  
*More than 95% of YRMC Foundation donors state the reason they choose to donate is because of the care they or a loved one received.*



Guardian Angel Awardee Tim Ballard, Plant Maintenance Tech.



Guardian Angel Awardee Audra Bloomfield, an Advanced Wound Care volunteer.





Guardian Angel Awardees, left to right: Sarah Maier, Joel Marsh and Damen Vickerman, Cardiovascular ICU.



Guardian Angel Awardee Kris Trainor, a James Family Heart Center volunteer.



Guardian Angel Awardee Ceciella Cage, RN, BSN Post Anesthesia Care Unit (PACU) Staff Nurse



# this is what giving looks like

Circle for Excellence Donor Reception  
November 10, 2022





*“It was like a homecoming, a reunion. I was so glad and grateful to be among friends and so many others who care about the wellbeing of others, our community and who share in support of our Medical Center.”*

—Laurie Cwikla





# UNDER CONSTRUCTION

Continuously seeking to ensure the availability of quality and compassionate care close to home, YRMC is currently investing more than \$60 million in the following projects.



## Lee Boulevard Clinic

Yavapai Regional Medical Group's Lee Boulevard Clinic, located next to Touchmark at the Ranch, will house primary and specialty care physicians to accommodate approximately 20,000 patient visits per year.

## Viewpoint Road Clinic

Bringing convenient and quality family care to serve residents in The Dells, Granville, Jasper, Pronghorn, Viewpoint and Walden Farms neighborhoods, Yavapai Regional Medical Group is locating a 7,500-square-foot-clinic in the new Roberts Marketplace complex at the northwest corner of North Viewpoint Drive and Highway 89A in Prescott Valley.



## Surgical Suite Expansion – YRMC East, Prescott Valley

To provide for the continued growth of YRMC's general, orthopedic, and neurologic surgical services, an additional operating room will be added to the Prescott Valley hospital's surgical suite.

## Inpatient Room Expansion – YRMC East, Prescott Valley

To address the ever-increasing number of inpatient admissions, a 10-room inpatient pod will be constructed on the third floor of the Prescott Valley hospital.

## New Electrophysiology Lab – YRMC West, Prescott

Providing expanded space for new technology and improving operational efficiency, a new Electrophysiology Lab will be built in a space previously occupied by the James Family Heart Center's cardiac rehabilitation program, which moved to the new Outpatient Services Building West (OSB West). An electrophysiology lab is a designated space where electrophysiology studies are conducted. These spaces contain high-tech equipment used to monitor and map the electrical systems of the heart as well as treat heart rhythm problems (arrhythmias).

## Renovation of Radiology Suite – YRMC West, Prescott

To improve patient comfort and operational efficiency and to accommodate the acquisition of new imaging technology, the radiology inpatient department will undergo extensive redesign and remodeling.





9TH ANNUAL

# CRAWFEST!

Founding Sponsor:

MMJ Tibi  
Family Fund

Saturday, May 6, 2023 • 4:30–10:00 PM

Grand Highland Holiday Courtyard • 154 S. Montezuma St., Downtown Prescott

A fundraiser for infants & children's programs  
at Dignity Health Yavapai Regional Medical Center

**NEED TO LET OFF A LITTLE STEAM???**  
**YOU'VE EARNED IT!!**

**CRAWFISH • HURRICANES • JAMBALAYA • BBQ**  
**LIVE MUSIC BY WHEELHOUSE • DANCING**  
**TAROT CARD READING • DESSERTS**



**TICKETS ARE LIMITED! GET YOURS NOW!**

[supportyrmc.rallybound.org/crawfest-2023](https://supportyrmc.rallybound.org/crawfest-2023) or call  
Angi at the YRMC Foundation (928) 771-5169

**\$50 GENERAL • \$120 VIP**

VIP ticket includes:

- Early entry at 4:00 PM
- Express Refreshments
- One Weekend Escape drawing ticket
- One Speakeasy designer cocktail token for The Point Bar & Lounge
- Fancy event bling



# Yavapai Regional Medical Center Foundation LEGACY CIRCLE



The YRMC Foundation's list of Legacy Circle donors recognizes those who have named our community's medical center as a beneficiary in their will or estate plan. While we honor those who have notified us of their plans, we also appreciate those who wish to remain anonymous.

If you have any questions or if a name was omitted in error, please contact:

YRMC Foundation  
1003 Willow Creek Road  
Prescott, AZ 86301  
(928) 458-2900  
foundation.yrmc@commonspirit.org

Dean and Norma Anderson  
Paul and Noni Anderson  
Anonymous  
Lillian and Gordon Macgregor  
Marvin D. Bailey  
John and Marion Baker  
Carol M. Baltz  
Waldo A. Bennier  
Richard and Judy Besser  
Evelyn Brockway  
Elsie A. Carpenter  
Linda P. and Leon Cheek  
Larry R. Cunningham  
Brian and Dawn DeVries  
Seymour and Judith Dicker

Albert and Virginia Dietrich  
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Elizabeth G. Sankey  
Theodore and Alice Schroeder  
George Schuler  
William J. Sonsin  
Dr. Pierre R. Tibi  
Dr. George C. Tyler  
Cheryl L. Walcher  
Dorothy L. Ward  
The Woodruff Family

*Legacy is what lives  
on beyond us.*

—Megan McGrory



## Board of Directors



**Kevin Keighron, Chair**  
COO (Ret.), Yavapai Regional  
Medical Center



**Leigh Ann Frankel, BSN**  
Former YRMC Nurse  
President, Private Foundation



**Pierre Tibi, MD, Vice Chair**  
YRMC Chief of Staff  
Cardiovascular Surgeon  
The James Family Heart Center  
at YRMC



**Mary Mallory**  
Yavapai County Board of  
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**Bill Sonsin, Secretary & Treasurer**  
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**Kari Reily**  
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**Paul Braithwaite, DO**  
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**Kevin Schleeter**  
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**Chad Burge**  
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**Anthony Torres, MD (Ex Officio)**  
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Dignity Health Yavapai Regional  
Medical Center

## Emeritus

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YRMC Volunteer Chaplain

Dave Barrett (past Chair)  
Owner of Barrett Propane

Seymour Dicker (past Chair)  
Trial Lawyer (Ret.)

Ron Harvey, MD<sup>†</sup>  
YRMC Physician (Ret.)

Joe Jackson<sup>†</sup>, President of  
Garrett Aviation (Ret.)

Linda Medina, RN (past Chair)  
Nurse Executive (Ret.)

Rowle Simmons, Yavapai County  
Board of Supervisors and former  
Mayor of Prescott (Ret.)

Roger Stewart<sup>†</sup>, Banker (Ret.)  
First Interstate Bank

# Your support means the world to us.

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other.

ADVANCE  
COMPASSION  
GUIDE  
OUTCOME  
SUPPORT

BOOST  
ENCOURAGE  
KINDNESS  
REINFORCE  
WELLNESS

COMFORT  
FOUNDATION  
NURTURE  
SAFE

W L I N I T E L R I C C T A O  
E D Z L O C J E A O K O S K K  
D M R Q N I I A M D G M O L R  
O W O A M N T F K Q B P O R D  
S R V C F K O A M U W A B H F  
K D B O T R R S D X N S A Y N  
A I R A T U Y U V N J S S E M  
W C N G B Y O P U L U I P G P  
E J U D T W E P Y K V O B A F  
Q U X Z N D O O E Q Y N F R X  
E F A S I E C R C H K D N U V  
E J Z U X D S T B J H L H O O  
L R G D J U Q S W C C P T C G  
S S E N L L E W K O O H F N Z  
N U R T U R E S E H Y X F E H



*Hurt people hurt others, but luckily healed people heal others. Safe people shelter others. Free spirits free others. Enlightened people illuminate others. And love always wins. So shine your light of love on all who may cross your path in life, because what you do matters.*

—Unknown







**Yavapai Regional  
Medical Center Foundation**  
A Dignity Health Member

1003 Willow Creek Road  
Prescott, Arizona 86301

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US POSTAGE  
PAID  
PERMIT NO. 3343  
PHOENIX, AZ

RETURN SERVICE REQUESTED



PHONE: (928) 458-2900

EMAIL: [foundation.yrhc@commonspirit.org](mailto:foundation.yrhc@commonspirit.org)

WEB: [YRMCFoundation.org](http://YRMCFoundation.org)

## Touching Lives

### Purpose

The YRMC Foundation inspires and nurtures a sacred relationship with Dignity Health Yavapai Regional Medical Center and our communities to ensure excellence in health and healing.

### Mission

We provide the vehicle for donors to express philanthropy and touch all the people of our communities. We develop funds through inspired donor involvement in order to ensure YRMC's ability to meet ongoing healthcare needs.

Please contact us if you wish to have your name removed from the list to receive future fundraising requests supporting Dignity Health Yavapai Regional Medical Center and the YRMC Foundation. You may call us at (928) 458-2900, or email us at [foundation.yrhc@commonspirit.org](mailto:foundation.yrhc@commonspirit.org).