

connections

For the Friends of Yavapai Regional Medical Center Foundation **SPRING 2024**



Larry Cunningham passed away in May of 2022.

Today, his kind, gentle and loving spirit still continues to provide for others.

A veteran, federal employee and longtime Yavapai Regional Medical Center volunteer, Larry Cunningham led a rich and rewarding life serving others. Through a gift from his estate, Yavapai Regional established the Cunningham Center for Compassionate Aging, home to our Cognitive Assessment and Support Clinic and Alzheimer's and Dementia Care Program.

Make a Difference in the Lives that Follow.

Please consider designating the Yavapai Regional Medical Center (YRMC) Foundation in your will or estate plan.



**Yavapai Regional
Medical Center Foundation**

A Dignity Health Member

John Goodenow, Chief Philanthropy Officer

john.goodenow900@commonspirit.org

(928) 771-5623



people like you who care

Bringing Comfort to our Youngest Patients

Victoria Borzachillo



Victoria, a lively nonagenarian (pictured here with her pug, Bentley), crafts batches of handmade quilts for our Emergency Departments, Family Birthing Center and Family Resource Center. These beautiful quilts comfort infants/toddlers and parents alike who are being served by Yavapai Regional programs.

Victoria and her daughter, Angela, moved to the Prescott area from southern California, where for years they had shared quilts with local children's hospitals. They were pleased to find an appreciative outlet for their comforting quilts here in their new hometown.

Linda Davidson



Linda, a longtime volunteer with our Medical Center, has been quilting baby blankets for our Family Birthing Center for 15 years. At the time, she was serving as a volunteer in our ICU waiting room and found working on quilts to be a nice way to start conversations and to help ease nervous family members waiting for loved ones. According to Linda, she makes a new quilt about every two weeks. While we think that's a modest estimate, it means several hundreds of very happy babies have been snugly wrapped in Linda's warmth and kindness.

Continued >

People like you who care (continued)



Sheryl Olson

Over the last year, community member Sheryl Olson has handcrafted festive pillowcases that our Family Resource Center can distribute during their home visitations to the at-risk families they serve, and that our Inpatient Pediatrics team can offer to their patients upon discharge to bring them comfort during their recovery. Her cheerful and holiday prints are thoughtfully selected and always put a smile on the faces of our young patients and their parents alike.

St. Luke's Episcopal Church

A group of quilters from St. Luke's Episcopal Church in Prescott was treated to an informative presentation and tour of the Family Birthing Center (FBC) at our East Campus with Candace Garko, the Center's director. Joined by leader Carol Goldsmith,

the Angel Quilts group learned how their handcrafted quilts are distributed to premature babies, families having a first child, or those who they know might benefit from some extra love. Nicol Perkins, a Birthing Center RN, explained many people have expressed to staff that they have kept portions of quilts gifted by hospitals as nostalgic mementos. Motioning to the quilts, she said poignantly, "These ... these are memories."

It is always inspiring to see the creative ways our community reaches out to provide cheer and comfort for our most vulnerable patients. As you can see, these quilts and pillowcases are very comforting and uplifting, and we appreciate their kindness.

If you have an interest in providing handcrafted items for our patients, please contact Angi Bryan with the YRMC Foundation at (928) 771-5169. We will be happy to hear your idea and provide any requirements needed to ensure compliance with hospital standards. Thank you in advance for your thoughtfulness.



These pages celebrate the kindness and giving resulting from community fundraisers for the Baskin Breast Care Center through the Breast Care Fund in recognition of Breast Cancer Awareness Month in October 2023.

This page, left to right, top to bottom: Summit 4X4 Company "Trails 4 Tatas," Moyer's Heating & Cooling "Save Second Base," Hassayampa Inn "Wishes Fountain," Barrett Propane "Pink Truck," Prescott Frontier Days "Tough Enough," Movement Studio "Come on Barbie, Let's Go Party," Homes & Land magazine (Justin and Cathy Alvis). Not pictured: Antelope Hills Women's Golf Association, Prescott Area Women Who Care, Rogers Academy of Beauty, Smart Girls Resale Fashion.



Left to right, top to bottom: Prescott Newspapers "Pink Pages," Texas Roadhouse "Stompin' Out Breast Cancer," Prescott Police Foundation "Pink Patch Project," Capital Canyon Club "Swing Fore the Cure," Desert De Oro/Fork in the Road "Boot Out Cancer."



Meet Kate Hanni

We are thrilled to introduce you to the newest member of the YRMC Foundation team, Kate Hanni. Kate and her husband, Tim, moved to Prescott from Bend, Oregon approximately four years ago to be close to Kate's aging parents. It proved to be a fortuitous move. Shortly after their relocation, suspicion of COVID-19 infection found Kate in Yavapai Regional's Emergency Department. The COVID test proved negative; however, quite unexpectedly, a CT scan found Kate had pneumonia in her right lung and a nearly undetectable mass in her left breast. A biopsy soon confirmed the mass to be an aggressive form of breast cancer. Today, three and a half years later, Kate is cancer-free. And she gratefully and enthusiastically shares with all that it was our Medical Center and the Baskin Breast Care Center that saved her life.

How Kate came to be a member of our Foundation team is another story of happenstance and our mutual good fortune. But suffice to say we are delighted that Kate now brings her many talents and extensive fundraising experience with the National Alopecia Areata Foundation and Cascade School of Music to benefit our Medical Center and the health and wellbeing of our community.

As YRMC Foundation's Manager of Philanthropy, Kate's number one priority is to work with members of our donor community to ensure you have the information you need to make informed decisions about your philanthropic giving. We know you will enjoy meeting and working with Kate. She is a kind and caring individual, living by the philosophy, "Be the person your dog thinks you are." As a nonprofit fundraiser, consumer advocate, realtor, mother, and musician; Kate leaves an indelible mark on the world. Her determination, compassion, and artistic expression inspire others and positively impact the lives of those around her.



*“Be unstoppable:
Break barriers
and strive
for greatness.”*

Introducing

The Cunningham Center for Compassionate Aging

In January, the YRMC Foundation was pleased to announce the naming of the Cunningham Center for Compassionate Aging in memory of legacy gift donor Larry Roger Cunningham. As a result of his caring spirit, Larry's estate gift has provided for the continuing expansion of the Cunningham Center, which is home to our Cognitive Assessment and Support Clinic, Alzheimer's and Dementia Program, and Outpatient Palliative Medicine Program recently relocated to 1001 Division Street in Prescott.



Left to right: John, Meredith, and Andy Johnson

As mentioned in our inside front cover feature, Larry was a U.S. Army veteran, Federal Reserve employee and 13-year Yavapai Regional volunteer. A close family member said of Larry that he believed in the Golden Rule, the power of positive thinking and prayer, keeping on the sunny side of life, and putting a smile on someone's face every day. Larry loved the small-town feel of our community and

held a wide variety of interests including staying fit through outdoor activities, reading, music, and learning new languages and cooking techniques.

The purpose of the Cunningham Center for Compassionate Aging is to help others continue to live productive and fulfilling lives. The Center's interior, painted to reflect Arizona's desert landscape, includes seven patient exam rooms, screening areas, private conference rooms, and a welcoming front lobby featuring a tribute display to Larry. A team of medical professionals including two physicians, a doctorate-degree nurse practitioner, pharmacist, licensed social worker, and clinical care navigator is committed to helping patients and their families navigate the heart-wrenching anguish that comes when loved ones no longer resemble who they once were even as they lose their ability to remember and recognize those closest to them.

At the naming ceremony, we had the pleasure of hosting a visit by members of the Cunningham family including Larry's first cousin, Meredith "Mimi" Johnson, her husband, John, and her son, Andy. Yavapai Regional President and CEO Dr. Anthony Torres underscored the impact the Cunningham gift will have on the cognitive health of our community, from prevention to diagnosis and treatment as well as for supporting those patients and their family members and friends serving as care partners. Dr. Sam Downing, Director of Geriatric and Palliative Medicine, also expressed his gratitude for a life and legacy so well lived. We are so grateful to Larry and his family for his generosity in providing for the wellbeing of others.

*This
is what giving
looks like!*
**CIRCLE FOR EXCELLENCE
2023 RECEPTION**



THE
**Giving
Hearts**
DINNER



Lifetime Donor Recognition

The true promise of giving is its ability to change someone's life – to change someone's world. And through your support of the YRMC Foundation, you help change lives every day. Here we celebrate the lifetime giving of those who have donated at the Benefactor level and above through June 2023. Thank you for caring about Yavapai Regional Medical Center and the community we serve.

VISIONARY

\$1 Million And Above

Seymour and Sandy Baskin
Larry R. Cunningham
Del E. Webb Foundation
The Fain Family
The Harold James Family Trust
Jeanne O. and Raymond A. Jenkins
Estate of Diana Kruglick
The Town of Prescott Valley
The Woodruff Family

HUMANITARIAN

\$500,000-999,999

Anonymous
Pendleton Memorial Fund
Estate of Sharon Reeves
Yavapai Regional Volunteers

DISTINGUISHED BENEFACTOR

\$250,000-499,999

Anonymous
Arizona Community Foundation
Arizona Public Service
City of Prescott
Kenneth G. Hinderleiter Trust
Jean B. James
J. W. Kieckhefer Foundation
Estate of George A. Miller
Universal Homes
Wells Fargo Bank
John M. Wolff Foundation

BENEFACTOR

\$100,000–249,999

Anonymous
Albertsons Companies Foundation
Thomas E. Arnold, Jr. and
The Rev. Kimball Arnold
John and Marion Baker
Bank of America Charitable Foundation
Tim and Bonnie Barnett
Estate of Evelyn Brockway
Owen B. Brown
John C. Carleton
Desert De Oro Foods Inc./Fork in the
Road Restaurants
Estate of B. William and Thelma Dunn
Dr. Everett D. Hendricks
Joe and Jane Jackson
J. C. Jeffay
Estate of Gregory A. Lewis
Margaret T. Morris Foundation
Medical Services of Prescott
Robbie Nicol and Jerry Kohler
Nancy O'Brien
Dr. Dharendra and Minaxi Patel
Prescott Anesthesia PLLC
Prescott Noon Lions Foundation
Dorothy Rummel
Staskon Family Trust
Summit 4X4 Company
Dr. Pierre R. Tibi
Estate of Cheryl L. Walcher

About the Foundation

The YRMC Foundation is a not-for-profit, 501(c)(3) tax-exempt charitable organization and 509(a)(3) Type 1 supporting organization.

Yavapai Regional programs rely on the charitable support of community members like you. No property taxes are levied to fund Yavapai Regional programs or to pay for capital improvements.

The YRMC Foundation has 17 areas of need to choose from. Give to what matters most to you. **100% of your gift** stays local and directly benefits patients and families through our programs.

Not-for-profit hospitals like Yavapai Regional Medical Center provide 95% of all vital health services, regardless of profitability. Each gift is gratefully received and is tax-deductible to the extent allowed by law and your own tax circumstances.

Gifts large or small, in cash, securities or real estate, made outright or provided for in a will or trust, donated in memory of, or in tribute to a friend or loved one, are valued and appreciated. Information regarding IRA distributions is available on page 17.

YRMC Foundation Board of Directors

Kevin Keighron, Chair
COO (Ret.), Yavapai Regional
Medical Center

Pierre Tibi, MD, Vice Chair (Ex Officio)
Chief of Staff, Cardiovascular Surgeon, the
James Family Heart Center

Bill Sonsin, Secretary & Treasurer
Financial Advisor (Ret.), American Express
Financial Advisors (now Ameriprise)

Paul Braithwaite, DO
Prescott Anesthesia, PLLC
Yavapai Regional Anesthesiologist

Chad Burge
President, Development and Operations
Desert De Oro Foods, Inc.

Leigh Ann Frankel, BSN
Former Yavapai Regional Nurse
President, Private Foundation

Lucy Leyva
Business Owner,
Prescott Valley Town Council

Mary Mallory
Yavapai County Board of Supervisors

Kevin Mizell
Owner, Bennett Glass & Mirror

Kari Reily
Senior Vice President, Foothills Bank

Kevin Schleeter
Banking Executive

Anthony Torres, MD (Ex Officio)
President and CEO, Dignity Health
Yavapai Regional Medical Center

Emeritus

Rev. Kimball C. Arnold
Yavapai Regional Volunteer Chaplain

Dave Barrett (past Chair)
Former Owner of Barrett Propane

Seymour Dicker (past Chair)
Trial Lawyer (Ret.)

Ron Harvey, MD[†]
Yavapai Regional Physician (Ret.)

Joe Jackson[†]
President of Garrett Aviation (Ret.)

Linda Medina, RN (past Chair), Nurse
Executive (Ret.)

Rowle Simmons
Former Yavapai County Board of
Supervisors and Mayor of Prescott

Roger Stewart[†]
Banker (Ret.), First Interstate Bank

YRMC Foundation Staff

John Goodenow
Chief Philanthropy Officer
(928) 771-5623

Angi Bryan
Manager of Philanthropy,
Annual Support Gifts
(928) 771-5169

Kate Hanni
Manager of Philanthropy, Major Gifts
(928) 771-4736

Jeanette Murphy
Foundation Coordinator
(928) 771-5690

guardian angels



Yavapai Regional Guardian Angels are staff members, physicians, and volunteers honored by patients or family members through a gift to the YRMC Foundation in their name. Certificates of appreciation and custom lapel pins are presented to honor their commitment to excellent care. Honorees and their guests are also invited to attend the Foundation's annual Circle for Excellence donor appreciation reception.

Recently, the YRMC Foundation honored four new Guardian Angels:

Santina Arredondo, Nursing Assistant



L to R: Melissa Drake, RN; Santina Arredondo; John Goodenow; and Jeremy Murdock

We were very touched by the Guardian Angel donation and message from a donor whose wife received care at our Prescott Valley campus. He was very impressed with the kindness and excellent care she received during her weeklong stay. The donor related that Santina showed his wife extra attention to prepare her for discharge by washing, brushing, and even braiding her hair to keep it looking nice. He explained his wife always took pride in her appearance, but that this had dwindled in recent years. Santina's

compassionate care brought back comforting memories of a time when his wife was more like herself and he was very grateful.

Jessica Clark, Physical Rehabilitation



L to R: Kate Hanni; Richard Logan, Director of Rehabilitation Services; Jessica Clark; Dr. Anthony Torres; and John Goodenow

Jessica, a physical therapist with our Outpatient Rehabilitation Services team at the Prescott campus, was recognized by a patient for her compassionate care during her treatment. Jessica traditionally worked in an inpatient environment and as she accepted her Guardian Angel certificate and pin, she poignantly explained that while she only recently made the change to outpatient, her team's support and dedication to helping patients has made her feel very welcome and gratified in her decision.

Arielle Gunderson, Family Resource Center

Arielle is the Clinical Coordinator of our Family Resource Center (FRC), managing enrollment for the Healthy Families and First Steps programs that provide assistance to at-risk families with young

children. She also supervises the FRC staff in their roles as Family Support Specialists in performing home visitations, and overseeing Quality Assurance adherence.

Arielle was honored with a donation from a family member of an FRC client who was coping with an unexpected pregnancy and lack of other family support.

In making her donation, the donor expressed, “What a Godsend she turned out to be. I am very grateful to Arielle for her nonjudgmental support during this very difficult time.”



L to R: Sean Thomas, Dr. Anthony Torres

**Sean Thomas, RN,
Cardiac Catheterization Services**

Sean was recognized by a patient’s family member for his quiet confidence, his understanding, and his kindness. The donor expressed that their nervousness and stress diminished as he completed each clinical task with competence and care, addressing each and every question with patience and focus. The donor went on to express gratitude for his steadfast concern for them, and how his excellent care has touched their lives.

We are grateful to our donors who choose to express their gratitude in this meaningful way. And we are blessed to have a caring and compassionate workforce who embrace our values of humankindness. Please join us in gratitude.



L to R: Frank Almendarez, Kari Reily, Arielle Gunderson, David Barko, and Angi Bryan



**Gratitude is a
powerful force.**

*More than 95%
of YRMC Foundation donors
state the reason they choose to
donate is because of the care they
or a loved one received.*

your gift touching lives



Trident HD Specimen Radiography System

When our Baskin Breast Care Center patients are facing stereotactic breast biopsies or breast surgeries, it is critical when removing and analyzing breast tissue to ensure all malignant tissue has been captured, that the margins are clear, and that targeted calcifications are visible.

Thanks to the generosity of donors to our Breast Care Fund, the YRMC Foundation was able to assist the Baskin Breast Care Center with the purchase of a Hologic Trident HD Specimen Radiography System for this purpose.

This state-of-the-art system generates sharp, highly detailed images for rapid sample verification by our clinical staff right in the procedure

room, eliminating the need to transport the specimen for imaging, offering immediate margin confirmation with no delays, and reducing recall procedures which can lead to anxiety. We are grateful for this opportunity to continue to improve the patient experience and provide peace of mind.

Partners for Healthy Students Mobile Clinic

Our new Partners for Healthy Students mobile clinic was launched with open house events held at our Prescott and Prescott Valley campuses. The program brings health care services to eligible uninsured and underinsured children and their siblings in participating area schools.

Funding for the new clinic was provided entirely through the generosity of the YRMC Foundation's donor community.



We are also most grateful to Dr. Pierre Tibi, who donated the proceeds from several years' Crawfest events to our Partners for Healthy Students fund for this purchase.

Continued >

Your gift touching lives (continued)

Improvements available in the new mobile clinic include:

- An inverter which eliminates the need to run a generator while driving to power the higher efficiency refrigerator/freezer containing vaccination doses
- Improved storage throughout the unit for medical supplies, increased counter space, and a built-in patient exam table with additional storage
- An eye wash station located in the restroom rather than in the main area, providing a more comfortable and roomy waiting space for families
- Improved router and WiFi to ensure prompt and efficient connectivity with other hospital resources
- Sturdier steps with a built-in handrail for added entry/exit safety

Additional good news is that the previous mobile clinic, which had been in use for 10 years, has been donated by Yavapai Regional to our local Lions Clubs, where it will be retrofitted and used in the community as a vision screening clinic.

We are thankful to our donors to the Partners for Healthy Students Fund for enabling us to continue providing the highest quality health care for the most vulnerable members of our community.

Baskin Breast Care Center Cooking Demonstration

More than 50 breast cancer patients, their families and care partners, donors, and Medical Center volunteers attended a cooking demonstration designed to share healthy nutrition choices for breast cancer patients. Inspired by the personal journey of YRMC Foundation staff member Kate Hanni (see page 7), this special event featured professional chef and accredited wine expert Tim Hanni, Kate's husband of 30 years.

The event was lively and engaging. A comment heard was that it was an evening of Humankindness in action. Since the event, the YRMC Foundation has received numerous requests that it continue to sponsor an ongoing series of demonstrations. We are pleased that donations to the Breast Care Fund help support such educational opportunities for patients both experiencing breast cancer and survivors alike.



Chef Tim Hanni in action during the cooking demonstration held in the Woodruff Family Conference Center at Yavapai Regional's Outpatient Services Building at the Prescott campus.

Spinning ... What?

We'd like to introduce you to Spinning Babies®, a physiological education approach to preparing for and caring for birth designed by midwife Gail Tully.

During birth, babies descend through the pelvis by turning to fit each curve in the passage, a process called "fetal rotation." If fetal rotation can be made easier, birth becomes easier for everyone involved.

Thanks to donor gifts to the Family Birthing Center Fund, including through our 2023 Crawfest event, the YRMC Foundation was able to support attendance of the Spinning Babies course by 24 members of our Yavapai Regional staff who work with moms prior to and after delivery. Areas represented included our Family Birthing Center (FBC) labor/delivery, inpatient/outpatient, midwives, physical therapy and the FBC family/childbirth nurse educator.

Instruction topics included the importance of tracking mothers during pregnancy to identify positioning issues, avoiding C-sections and other interventions needed to perform birth, cardinal movements (engagement, descent, flexion, internal rotation, extension, external rotation and expulsion) within the birth canal, and pelvic positioning and other innovative positioning methods.

Planned next steps include enrolling the group in a follow-up advanced training,

followed by occasional refresher sessions over the next two years. Our staff was very grateful to be able to attend this program, expressing the session gave

them greater confidence

and helped them gain

innovative ideas

to incorporate

into the FBC's

current

educational

program. We

appreciate

your support.



An important note regarding IRA distributions

Qualified charitable distributions can be made only to qualified charities.

Qualified charities do not include those which are classified as 509(a)(3) Supporting Organizations, including the YRMC Foundation.

In order to be qualified for favorable tax treatment, your IRA qualified charitable distribution must be made directly from your IRA custodian to our supported organization, Yavapai Regional Medical Center, Tax ID 86-0098923.

Please contact the YRMC Foundation at (928) 458-2900 if we can be of assistance.

Yavapai Regional Medical Center Foundation LEGACY CIRCLE



The YRMC Foundation's list of Legacy Circle donors recognizes those who have named our community's medical center as a beneficiary in their will or estate plan. While we honor those who have notified us of their plans, we also appreciate those who wish to remain anonymous.

If you have any questions or if a name was omitted in error, please contact:

YRMC Foundation
1003 Willow Creek Road
Prescott, AZ 86301
(928) 458-2900
foundation.yrmc@commonspirit.org

Dean and Norma Anderson
Paul and Noni Anderson
Anonymous
Marvin D. Bailey
John and Marion Baker
Carol M. Baltz
Sandra L. Baskin
Waldo A. Bennier
Mr. and Mrs. Richard I. Besser
Evelyn Brockway
Elsie A. Carpenter
Tracy Carter
Linda P. and Leon Cheek
Larry R. Cunningham
Robert Davidson and Rodney
Lehman
Brian and Dawn DeVries

Seymour and Judith Dicker
Albert and Virginia Dietrich
B. William and Thelma Dunn
Barbara Elliott
Joyce S. Evans
J. Lloyd and Nancy Ewart
Eben and Nelda Fetters
Althea Friedman
James Green
Robert Haber
Joseph B. Hall
Kenneth G. Hinderleiter
Joe and Jane Jackson
Cindy Jastrzab
J. C. Jeffay
Jeanne O. and Raymond A.
Jenkins
Kay and David Jenner

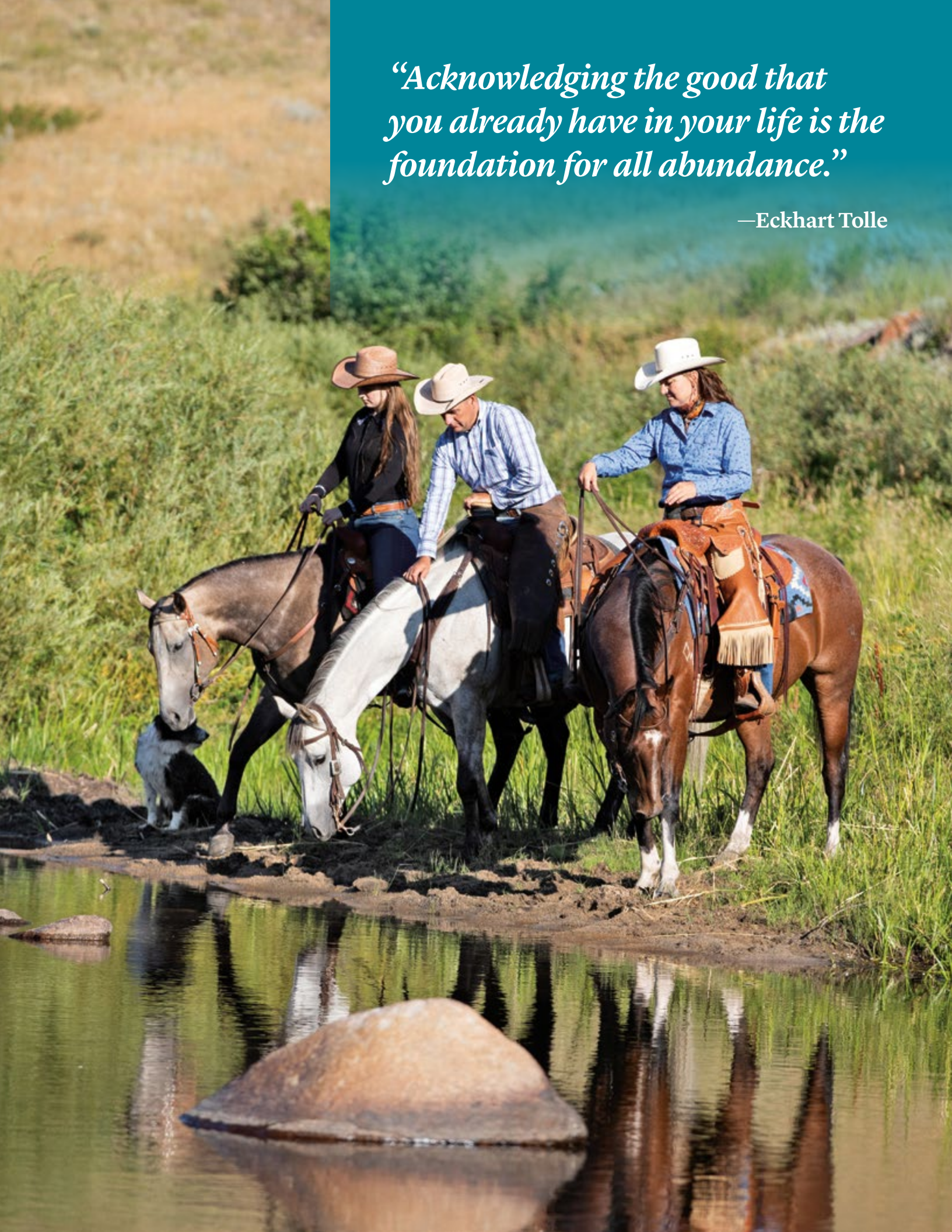
Edward Kime, Jr.
Diana Kruglick
Robert C. Lahey
Elizabeth B. H. LeMenager
Mr. and Mrs. Gregory A. Lewis
Hans Luternauer
Donald A. McKeon
George A. Miller
John T. and Pamela J. Osterman
Dorothy E. Queen
Minerva Radovan and Paul Garrow
Beryl Rae
Patsy Ray
Sharon Reeves
Joseph and Peg Rhodes
Elizabeth G. Sankey
Mr. and Mrs. Theodore Schroeder
George Schuler
William J. Sonsin
Frank and Natalie Staskon
Dr. Pierre R. Tibi
Dr. George C. Tyler
Cheryl L. Walcher
Dorothy L. Ward
The Woodruff Family

*Legacy is what
lives on beyond us.*

—Megan McGrory

*“Acknowledging the good that
you already have in your life is the
foundation for all abundance.”*

—Eckhart Tolle



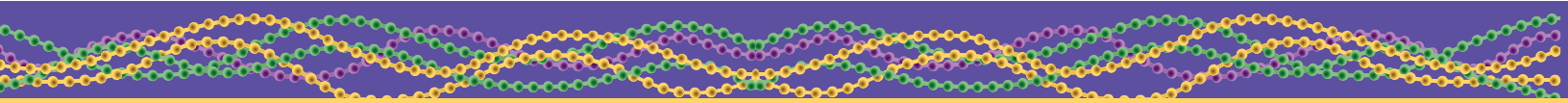


**Yavapai Regional
Medical Center Foundation**
A Dignity Health Member


1003 Willow Creek Road
Prescott, Arizona 86301

NON-PROFIT ORG
US POSTAGE
PAID
PERMIT NO. 3343
PHOENIX, AZ

RETURN SERVICE REQUESTED



10th ANNUAL
CRAWFEST!



Saturday, May 18, 2024 • 5:00–10:00 p.m.
Founding Fathers Collective • 218 N. Granite St. • Prescott
4:30 PM: **VIP ticket holder early entry**

A fundraiser for the Partners for Healthy Students Program
at Dignity Health Yavapai Regional Medical Center

**Founding Sponsor:
MMJ Tibi Family Fund**

COME ON AND LET THE GOOD TIMES ROLL!

CRAWFISH • HURRICANES • JAMBALAYA • BBQ • DESSERTS • LIVE MUSIC • DANCING

Featuring Point Blanc, our special opening band, and FUNK Frequency, a 70's and 80's dance band!



\$50 GENERAL • \$120 VIP VIP ticket includes: Early entry at 4:30 PM
• Speakeasy Access • One Weekend Escape drawing ticket • Designer cocktail token for
The Point Bar & Lounge • Fancy event bling • **Register online at supportyrmc.org/crawfest2024**

Please contact us if you wish to have your name removed from the list to receive future fundraising requests supporting Dignity Health Yavapai Regional Medical Center and the YRMC Foundation. You may call us at (928) 458-2900, or email us at foundation.yrmc@commonspirit.org.