

# connections

For the Friends of Yavapai Regional Medical Center Foundation

FALL 2024



# John & Pam Osterman – Investing in Our Community.

When John and Pam Osterman made Prescott their home in 2020, they knew they wanted to continue their legacy of giving back to their community by supporting the organizations that contribute to and advance quality of life. That is why the Ostermans included the Yavapai Regional Medical Center Foundation as one of the nine nonprofit organizations named as beneficiaries in their estate plan.

John and Pam believe good health is the foundation for productive and fulfilling lives, strong loving families and thriving communities – that good health is among our community's most valuable assets.

## **Make a Positive Impact on the Lives that Follow.**

Please consider designating the Yavapai Regional Medical Center Foundation in your will or estate plan. Thank you.



**Yavapai Regional  
Medical Center Foundation**

A Dignity Health Member

John Goodenow,  
Chief Philanthropy Officer  
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(928) 771-5623



# people like you who care

## Jeanette and Gary Frank – a gift of time and talent



Married for more than 50 years, Jeanette and Gary Frank are a vibrant, adventuresome and giving couple. Their energy and enthusiasm for life is infectious. It was therefore surprising to learn that just a few short years ago, Jeanette and Gary were both patients in our James Family Heart Center each diagnosed with serious cardiac conditions.

“I had no symptoms and was more than a little shocked when the issues found during an echocardiogram indicated the immediate need for open heart surgery,” said Gary. “I probably wouldn’t be here were it not for the expertise of Yavapai Regional’s Heart Center team.” Equally surprised was Jeanette, when a diagnostic evaluation identified two holes in her heart that required surgical intervention. In commenting about her care Jeanette said, “We are so fortunate to have such quality and compassionate care close to home.”

Today, so grateful their lives together have been extended due to the expert care they received at Dignity Health Yavapai Regional, Jeanette and Gary openly share their experience, so everyone knows and is confident that state-of-the-art care is available here in our community. Jeanette and Gary’s gratitude extends beyond their words of endorsement and takes the form of action. Both are active members in the YRMC Volunteer Corps as well as faithful donors to the Yavapai Regional Medical Center Foundation. “Through our support, we want to help ensure our medical center is here for all who find themselves in need,” said Jeanette.

We are grateful for their good fortune, as well as for ours in having them in the YRMC Foundation family of donors.

## Tony Ferrulli – setting the example

Following a 47-year real estate brokerage and FDIC career that took him to a variety of locations including California, Colorado and Alaska, Tony Ferrulli made his new home in Prescott in early 2012. After a four-year leadership stint with the Prescott Lakes HOA, his neighbor encouraged him to pursue joining the Yavapai Regional Hospital Board, which he did in 2017.

Since then, Tony has proven himself an admirable leader, serving as Chair of the Hospital Board for a time and assisting the YRMC Foundation in various fundraising initiatives.

*Continued >*

## People like you who care (continued)



Tony grew up in a secure yet financially modest family and says he had always dreamed of being able to retire in a position to volunteer and give back to his community. In addition to his talents in the real estate industry, he has always had an innate interest in healthcare and feels blessed to be a part of our community hospital. For the past thirty years he has shared his life with his wife Sara and enjoys fishing and woodworking. Tony's naturally friendly and engaging manner, his generosity, and his selfless support have made him a valued member of the YRMC Foundation family and a true example of giving.

### Pat Sayers – A melody of comfort

Our Prescott campus lobby has long served as a sanctuary for family members and friends of patients undergoing procedures at Yavapai Regional. As loved ones navigate the anxious moments of waiting, music has a profound ability to soothe their nerves, uplift their spirits, and provide some needed distraction.

During the last year, the YRMC Foundation sought a replacement for our existing piano that had outlasted its time, and are happy to share that our lobby now has a Yamaha electric piano inviting our talented volunteers to fill the air with music. In addition to a traditional piano setting, added features include an organ sound, strings, and harpsichord.

As good fortune would have it, YRMC Foundation friend and donor Pat Sayers (shown here with her partner, Bill) provided a thoughtful and generous gift to our Volunteer Department Fund which enabled the purchase of this beautiful instrument for our music program.



You may have also experienced the beautiful organ music provided in our Prescott Valley campus lobby. Thanks to Pat, our volunteers, many of whom are accomplished musicians, now have quality platforms at both campuses to share their talents to comfort our patients.



## We ❤️ Our Volunteers!

In April, our annual YRMC Volunteer Celebration was held at The Center on Rosser. It is always a pleasure to experience the giving force of hundreds of volunteers and the appreciation of our leadership team. In 2023, 347 volunteers (including 67 newcomers) contributed 54,930 hours of time to our Medical Center.

Twenty-three volunteers were honored for more than 15 years of service, including longtime donors Rev. Kimball Arnold

(23 years of service, also a previous Foundation board member), Phyllis Sylvester (22), Norma Bauer (21), Peg Rhodes (21), and Sara Williman (16).

East Campus front desk volunteer Dick Sheldon and West Campus Endoscopy volunteer Judy Grimm also received honors as Volunteers of the Year. Community donations to our Volunteer Department Fund enabled the Foundation to assist in providing fun giveaways for attendees.



# *This is what giving looks like.*

These pages celebrate the kindness and giving of participants in the 10th anniversary of YRMC Foundation's "Crawfest" event to benefit the Partners for Healthy Students program at Yavapai Regional, and Jersey Mike's Subs' Month of Giving benefit for the James Family Heart Center.





# your gift touching lives



## Community support creates a new Pulmonary Functions Lab

Thanks to your support, our YRMC Foundation was able to provide funding to establish a second state-of-the-art pulmonary functions lab. Creation of the second lab was in response to a rapid increase in demand. According to Scott Cerreta, YRMC's Director of Respiratory Care, patient volumes have increased significantly as we receive more and more referrals from across northern Arizona. As Scott explained, "In 2023, our Respiratory Therapy team conducted approximately 2,000 PFTs (Pulmonary Function Tests). With the addition of the new lab, we will be able to accommodate twice that number and can expect to perform 4,000 tests annually."

PFTs include different types of breathing tests that measure how well our lungs exchange air. Some also measure how well

lungs absorb oxygen and how exercise affects them. The tests are safe and are noninvasive. Results from a PFT often guides a physician's evaluation of a patient's overall health and helps identify medications that may be used to treat symptoms.

## Healthy nutrition choices for breast cancer patients

Last spring, more than 50 breast cancer patients, breast cancer survivors, their caregivers, and YRMC staff attended a most informative cooking demonstration to learn about healthy nutritional choices specifically tailored for cancer patients. In collaboration with the Baskin Breast Care Center's Heart & Soul support group, the program was coordinated by Kate Hanni, YRMC Foundation Manager of Philanthropy, whose personal health journey inspired her quest to research optimal nutritional choices and ultimately redesign her diet.

Program attendees enjoyed a five-course dinner prepared by Kate's husband, Tim Hanni, a professional chef and nationally recognized Master of Wine. Each course





served was accompanied with an in-depth discussion of each recipe's ingredients and their unique nutritional benefits. If you would like to receive the recipes from this event, please contact Kate Hanni at (928) 771-4736. Stay tuned for future demonstrations to come.

### Investing in the next generation of outstanding nurses

Thanks to your support, YRMC is at the forefront in the effort to address the nursing shortage that is impacting communities across the country.



This year, our Medical Center was one of the first healthcare organizations to implement the National Nurse Residency Program.

Designed for newly graduated nurses, the program combines classroom instruction specific to nursing specialties with clinical

# 100% of every gift supports our work of health, healing & comfort.

experience under the supervision and guidance of preceptors, coaches, and the program director. Our investment in this program will help to ensure our patients continue to receive exceptional care.

Additionally, we hope our commitment to continually invest in the advancement of our staff will serve to both attract and retain top-flight clinicians. Thus far in the program, 111 Nurse Preceptors, who mentor and guide new nurse residents to ensure a smooth transition from

academic settings to clinical practice, have been trained. And we have welcomed 46 new Nurse Residents to the program.

Through rigorous training and hands-on experience, these new nurses are prepared to meet the challenges of today's healthcare environment and to continue our commitment to provide quality and compassionate care close to home.

# news you can use

## YRMC Foundation by the numbers

### FY2024 Performance Review



Total Funds Raised  
**\$2,166,000**



Transfers to Hospital  
**\$1,754,000**



Legacy (Estate) Gifts  
**7**



Grant Awards  
**5**

### What Sets Us Apart

- 100% of your gift goes to the program(s) you designate
- All donated funds stay in our local community to support Yavapai Regional Medical Center's programs and services
- Your gift can be designated to any of the Foundation's 18 special purpose funds

## October is National Estate Planning Awareness Month

October is National Estate Planning Awareness Month.

And because nearly 64% of adults do not have a Last Will and Testament or Trust, we wish to remind everyone of the importance of creating and/or maintaining an estate plan.

In short, an estate plan is necessary to manage one's lifetime accumulation of wealth. It can help provide for the care and security for family members and will spare them from having to make difficult decisions without the benefit of your voice. It will also avoid the cost of the expensive probate process.

A Last Will and Testament, a Durable Power of Attorney, and a Living Will are the three estate planning documents one needs to have in place. A Trust may also be included, as this document addresses the distribution of assets and eliminates the need for probate. A cautionary note: When a person dies without a Last Will and Testament or a Trust, the individual's assets are distributed according to laws of that state.

There are many reasons to have an estate plan. Hopefully this reminder will move the creation of a Last Will or Trust up a notch or two in your list of priorities. Or perhaps if you already have these documents in place, it will encourage you to review your plans to make certain they are up-to-date.

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### An important note regarding IRA distributions

Qualified charitable distributions can be made only to qualified charities. Qualified charities **do not** include those which are classified as 509(a)(3) Supporting Organizations, including the YRMC Foundation.

**In order to be qualified for favorable tax treatment, your IRA qualified charitable distribution must be made directly from your IRA custodian to our supported organization, Yavapai Regional Medical Center, Tax ID 86-0098923.** As with non-IRA donations, your gift will be designated to your specified fund of choice.

Please contact the YRMC Foundation at (928) 458-2900 if we can be of assistance.



**Dignity Health®**

Yavapai Regional Medical Center

### Fast facts FY2023



- Employees **1,949**
- Physicians **422**
- Volunteers **340**



- Inpatient admissions **13,344**
- Emergency visits **73,424**



- Surgeries **7,289**
- Open heart and thoracic surgeries **290** (calendar year 2022)



- Cardiopulmonary studies **232,746**
- Breast center procedures **30,689**
- Medical imaging studies **203,291**



- Physical rehabilitation procedures **209,956**



- Births **961**



- YRMC community benefit **\$28.4 million**

# MAXIMIZE *your philanthropic* GOALS



The YRMC Foundation is pleased to offer FREE estate planning resources right through our planned giving website, [YRMCFoundation.giftlegacy.com](https://YRMCFoundation.giftlegacy.com)

- Put your financial assets to work with tax-efficient charitable strategies
- Make the most of the many tax benefits available through your giving
- Discover more about various gift options and the best assets to make a planned gift
- Learn how your planned gift can help support the YRMC programs and services you care about
- Read stories of how donors like you have made an impact through their acts of giving to YRMC and others
- Free estate planning guide to help you start the process

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# guardian angels



Dignity Health Yavapai Regional Medical Center's Guardian Angels are staff members, physicians, and volunteers who patients or family members have honored by making a gift to the Foundation in their name.

Recently, the YRMC Foundation honored six new YRMC Guardian Angels. Each received a certificate of appreciation and a custom lapel pin to wear honoring their commitment to excellent care. Additionally, every honoree and their guest will be invited to attend the Foundation's annual Circle for Excellence donor recognition program in November.

We are most grateful to our donors who choose to express their gratitude in such a thoughtful way. Likewise, we are blessed with a caring and compassionate workforce who embrace our values of humankindness. We are pleased to introduce you to our most recent Guardian Angels.



## Jakki Wagner

Jakki served as a Neonatal Nurse Practitioner with YRMC for 10 years. After she passed away last year, her coworkers at Pediatrix made a generous donation

to our Family Birthing Center Fund in tribute to her. Jakki's family joined us to receive her Guardian Angel certificate and lapel pin. Moving comments from her colleagues included, "Many of us in the unit often referred to Jakki as 'the smartest and kindest person we ever knew.' Jakki is deeply missed – she made each of us a better caregiver."

## Debbie Kooiman

A grateful patient made a donation to the Foundation's Advanced Wound Care

Fund to recognize occupational therapist Debbie Kooiman.

"Debbie has worked very hard in helping me get lymphedema under control! Her efforts go above and beyond."



John Goodenow, YRMC Foundation; Kari Reily, YRMC Foundation Board; Debbie Kooiman, Occupational Therapist; Cheryl Sofonia, Director of the Vascular Center; Dr. Donald Huang, Advanced Wound Care.



Charles Guida, Regional VP of Philanthropy; Nicole Aubin, RN, IV Therapy; Anne Pearey, Manager of Nursing, IV Therapy; Mindy Olsen, RN, IV Therapy; Kari Reily, YRMC Foundation Board; Angi Bryan, YRMC Foundation.

### Infusion Center Team

The Infusion Center team at YRMC’s East Campus was recognized with a gift to the Geriatric and Palliative Medicine Fund. “They make a difference not only in my care, but I’ve observed their compassion, expertise, empathy, and professionalism with each and every patient! This is the power of Humankindness at its best.”

Jeremy Murdock, Chief Operating Officer; Tim and Kate Hanni; volunteers Virginia Hammrich, Janet Shields, and Nancy Klein; Kathi Hoffer, Manager of Imaging Services.

### Breast Cancer Cooking Demonstration Volunteers

Two anonymous donations were made to recognize three volunteers who assisted in a recent Healthy Cooking Demonstration for breast cancer patients and their supporters: Virginia Hammrich, Nancy Klein, and Janet Shields. “Kudos to the volunteers who served that evening.”



## YRMC Foundation Board of Directors

Kevin Keighron, Chair  
COO (Ret.), Yavapai Regional  
Medical Center

Pierre Tibi, MD, Vice Chair (Ex Officio)  
Chief of Staff, Cardiovascular Surgeon,  
the James Family Heart Center

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(now Ameriprise)

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Yavapai Regional Anesthesiologist

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Leigh Ann Frankel, BSN  
Former Yavapai Regional Nurse  
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Kevin Mizell  
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Kari Reily  
Senior Vice President, Foothills Bank

Kevin Schleeter  
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Anthony Torres, MD (Ex Officio)  
President and CEO, Dignity Health  
Yavapai Regional Medical Center

### Emeritus

Rev. Kimball C. Arnold  
Yavapai Regional Volunteer Chaplain

Dave Barrett (past Chair)  
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Seymour Dicker (past Chair)  
Trial Lawyer (Ret.)

Ron Harvey, MD<sup>†</sup>  
Yavapai Regional Physician (Ret.)

Joe Jackson<sup>†</sup>  
President of Garrett Aviation (Ret.)

Linda Medina, RN (past Chair),  
Nurse Executive (Ret.)

Rowle Simmons  
Former Yavapai County Board of  
Supervisors and Mayor of Prescott

Roger Stewart<sup>†</sup>  
Banker (Ret.), First Interstate Bank



## About the Foundation

The YRMC Foundation is a not-for-profit, 501(c)(3) tax-exempt charitable organization and 509(a)(3) Type 1 supporting organization.

Yavapai Regional programs rely on the charitable support of community members like you. No property taxes are levied to fund Yavapai Regional programs or to pay for capital improvements.

The YRMC Foundation has 18 areas of need to choose from. Give to what matters most to you. **100% of your gift** stays local and directly benefits patients and families through our programs.

Not-for-profit hospitals like Yavapai Regional Medical Center provide 95% of all vital health services, regardless of profitability. Each gift is gratefully received and is tax-deductible to the extent allowed by law and your own tax circumstances.

Gifts large or small, in cash, securities or real estate, made outright or provided for in a will or trust, donated in memory of, or in tribute to a friend or loved one, are valued and appreciated. Information regarding IRA distributions is available on page 10.

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### YRMC Foundation Staff

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Chief Philanthropy Officer  
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Manager of Philanthropy,  
Annual Support Gifts  
(928) 771-5169

Kate Hanni  
Manager of Philanthropy, Major Gifts  
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Jeanette Murphy  
Foundation Coordinator  
(928) 771-5690

# FY2024 YRMC Foundation Donors

The YRMC Foundation would like to recognize these generous donors who made monetary and in-kind gifts from 7/1/2023 to 6/30/2024.

Audre Abubo	Lisa Biggs	Capital Canyon Club	Connie and Jon Dial
Ace Hardware - Prescott Valley	Beth and Dale Black	Diana Cardoza	Diana W. Kruglick
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## In Memory of

Joseph Cannata in memory  
of Jayne Ellen Cannata

Meredith Johnston in  
memory of Larry Roger  
Cunningham

Linda Davidson in memory  
of Robert Davidson and  
Rodney Lehman

Robert Thavis in memory of  
Linda Ramm

John and Angela Bryan  
in memory of Evan Sheets

Pediatric Medical Group,  
Inc. in memory of  
Jakki Wagner

# Yavapai Regional Medical Center Foundation LEGACY CIRCLE



The YRMC Foundation's list of Legacy Circle donors recognizes those who have named our community's medical center as a beneficiary in their will or estate plan. While we honor those who have notified us of their plans, we also appreciate those who wish to remain anonymous.

If you have any questions or if a name was omitted in error, please contact:

YRMC Foundation  
1003 Willow Creek Road  
Prescott, AZ 86301  
(928) 458-2900  
foundation.yrmc@commonspirit.org

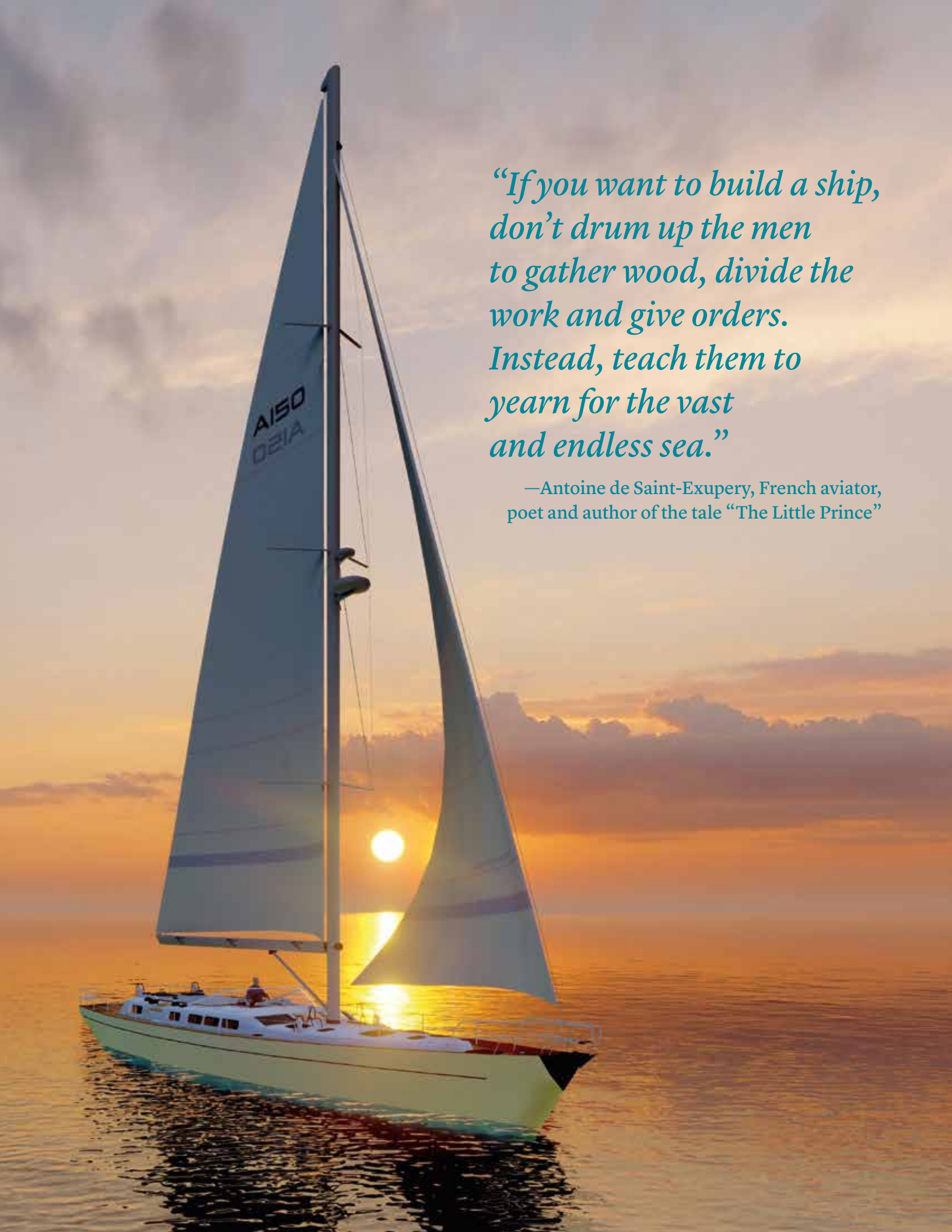
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Dr. George C. Tyler  
Cheryl L. Walcher  
Dorothy L. Ward  
The Woodruff Family

*Legacy is what  
lives on beyond us.*

—Megan McGrory



*“If you want to build a ship,  
don’t drum up the men  
to gather wood, divide the  
work and give orders.  
Instead, teach them to  
yearn for the vast  
and endless sea.”*

—Antoine de Saint-Exupery, French aviator,  
poet and author of the tale “The Little Prince”



**Yavapai Regional  
Medical Center Foundation**  
A Dignity Health Member

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WEB: [SupportYRMC.org](http://SupportYRMC.org)

## Touching Lives

### Purpose

The YRMC Foundation inspires and nurtures a sacred relationship with Dignity Health Yavapai Regional Medical Center and our communities to ensure excellence in health and healing.

### Mission

We provide the vehicle for donors to express philanthropy and touch all the people of our communities. We develop funds through inspired donor involvement in order to ensure YRMC's ability to meet ongoing health care needs.

Please contact us if you wish to have your name removed from the list to receive future fundraising requests supporting Dignity Health Yavapai Regional Medical Center and the YRMC Foundation. You may call us at (928) 458-2900, or email us at [foundation.yrhc@commonspirit.org](mailto:foundation.yrhc@commonspirit.org).