connections

For the Friends of Yavapai Regional Medical Center Foundation SPRING 2025





Elizabeth "Betty" LeMenager recognized the important role of quality healthcare close to home in building a strong and healthy community.

etty led a fascinating life, including serving as John D. Rockefeller III's administrative assistant in New York City after college. She oversaw the Rockefeller family's civic and social affairs, including their involvement with the Lincoln Center, Rockefeller Center, Colonial Williamsburg, and the Japan Society, as well as their extensive art collection. Betty also had a passion for road trips in her Triumph Herald roadster, and international travel with her husband and friends.

When Betty moved to Prescott in 2018, she wanted to leave a legacy of giving back to her community, and included the Yavapai Regional Medical Center Foundation as one of the nonprofit organizations named as beneficiaries in her estate plan.

Betty understood that good health is the foundation for productive and fulfilling lives, strong loving families, and thriving communities.

Make a Difference in the Lives that Follow.

Please consider designating the Yavapai Regional Medical Center (YRMC) Foundation in your will or estate plan. Thank you.



Kate Hanni, Manager of Philanthropy kathleen.hanni@commonspirit.org (928) 771-4736

people like you who care

Committed to making a difference



Laurie Cwikla and Victor Torres

Laurie and Victor have both been touched by breast cancer at very personal levels – members of their immediate family, close friends, and cherished neighbors have been impacted. They knew they wanted to make a difference for breast cancer patients here in our community. As presidents of the Summit 4X4 off-road clubs, they began raising funds to benefit the Yavapai Regional Medical Center (YRMC) Foundation's Breast Care Fund in 2019.

Since then, the Summit 4X4 Girls Tribe and Summit 4X4 Club's annual fundraising events, now well-known as "Trails 4 Tatas," have expanded awareness around Yavapai County and beyond. The main Trails 4 Tatas event is held every October, beginning with off-road poker runs, a midday lunch, and live and silent auctions with great products donated by our business community.

Infused with sponsorships from local businesses and collaborations with local restaurants and sports events throughout the year, Trails 4 Tatas events have raised almost \$250,000 since its inception to provide relief for our financially vulnerable patients undergoing breast cancer treatment at the Baskin Breast Care Center at YRMC. This critical support includes screening mammograms, wigs, bras

and prosthetics, lymphedema sleeves, grocery and gas cards, housecleaning services, lodging for caregivers during surgery, educational materials, and more.

"We are grateful for the impact we're having in our community. People share their stories with us about how breast cancer has impacted them. Some have lost loved ones, and some are survivors themselves. They are very open about their struggles and the joy of having survived breast cancer," says Laurie. And Victor, whose sister is a breast cancer survivor, says, "One in every eight women gets breast cancer during their lives, and I've had many experiences with it. This work is gratifying...we're helping people in our community get through their journey with dignity and compassion."

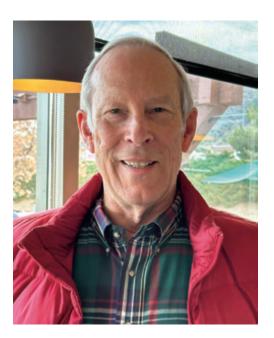
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People like you who care (continued)

Bill Sonsin

Bill Sonsin has a passion for math, and it has taken him many places. With a bachelor's in mathematics from Michigan State and a master's in Math and Computer Science from the University of Minnesota including a pioneering course in computer programming, Sonsin built a successful career at Standard Oil and Norwest, then became a successful financial advisor with American Express.

After retiring to Prescott, Bill planned to brush up on his golf game, but discovered he needed a sense of purpose and impact. In his words, "I didn't want to just retire from something; I wanted to retire *to* something." So he volunteered at the Service Corps of Retired Executives (SCORE), then wrote a small business



column for the *Daily Courier*. And with his financial skills, Bill is valued in both the Yavapai Regional Medical Center Foundation Board of Directors as our Secretary and Treasurer, and as a member of the Yavapai College Foundation Finance Committee and Board of Directors.

Bill is generous in supporting local charitable organizations, and recognizes local hospitals like YRMC are central to the health and vitality of a community. He supports a variety of the YRMC Foundation's special purpose funds with lifetime giving at the Benefactor level, including Partners for Healthy Students (PHS), Geriatric and Palliative Medicine, Advanced Wound Care, Physical Rehabilitation, and the Family Birthing Center.

He has a particular affinity for Partners for Healthy Students, as his first wife Nancy spent years as a schoolteacher. As Bill says, "I really appreciate the PHS mobile clinic that travels to various areas, taking care of vulnerable kids in our communities. And I am impressed by the network of collaborations that PHS has built with other local community services over the years, like behavioral health clinics, dentists, and medical specialists." Our thanks to Bill for his legacy of generosity and leadership.

Welcome to David, Farewell to John



A fond farewell, many thanks, and best wishes to John Goodenow...

Many of you knew John Goodenow, our Chief Philanthropy Officer for the YRMC Foundation. John retired in February after a 44-year career in philanthropic development and 10 years with our foundation to enjoy new adventures.

John earned his Political Science degree from Susquehanna University. His career began as a chapter director with the Muscular Dystrophy Association, after which he transitioned to capital campaign management with Pittsburghbased Ketchum, Inc. He served as VP of Marketing, Public Relations and Philanthropy with Orange Regional Medical Center (ORMC) in Orange County, New York, as Senior VP of Marketing, Public Relations, and Philanthropy for Wheaton Franciscan Healthcare System in Milwaukee, and as VP of Philanthropy at the National Aquarium in Baltimore/

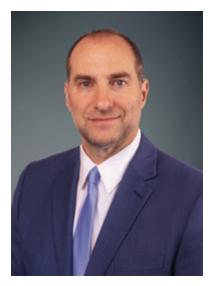
Washington D.C. He then returned to healthcare, moving to Prescott with his wife Judy and daughter Kiley.

In several of his positions, he successfully implemented the Benevon Model of sustainable mission-based major gift fundraising to transition from special events. John understands the connection between personal and community relationships and organizational success, and is gratified by what his team achieved through the years in growing our financial contributions to YRMC programs. He appreciates the role the Foundation has played in cultivating relationships with our medical staff, embracing new technology, and serving as a catalyst for programs that serve the vulnerable in our community.

John and Judy have completed longdistance bicycle trips from Jasper, Alberta to San Francisco and a second journey from San Francisco to their then-home in central Pennsylvania. John also completed a physically, mentally and emotionally challenging Boulder Outdoor Survival School wilderness survival experience in the Grand Staircase/Escalante National Monument. He continues his passion for the outdoors with trailbuilding activities and regional travel. As John says, "I want to spend more time with my family, seeing all the interesting local stuff we never take the time to see when we live somewhere."

Please join us in thanking John for his many contributions to the YRMC Foundation. He will be missed, and we wish him well in this new chapter.

...And a warm welcome to our new Chief Philanthropy Officer, David Brennan



We are pleased to introduce you to David Brennan, who joined the YRMC Foundation as our new Chief Philanthropy Officer in March.

David brings nearly 30 years of experience across multiple industries in philanthropy,

development and partnerships. Prior to joining us, he served five years as Director of Development and Partnerships for the Manhattan Beach Education Foundation. David managed and executed fundraising campaigns for the leading educational foundation in the country, supplementing state funding for programs that inspire learning, enrich teaching, and promote innovation and academic excellence in public schools in Manhattan Beach, California.

David previously spent 13 years with the Los Angeles Dodgers Foundation as Senior Director, Fundraising and Programs. He provided strategic insight and development advancement, using the power of the Dodgers brand to provide educational and health resources to underserved communities. Throughout David's career, he has led successful fundraising campaigns by securing donor support via major gifts, corporate partnerships, events, and annual appeals. He completed his Master of Business Administration (MBA) degree at the University of Rhode Island and he earned a Bachelor of Arts degree in Sociology from Bates College in Maine.

He and his wife Lana moved to Prescott with their young son in December to join family. David enjoys family activities like the Heritage Park Zoo, walks around the Courthouse Plaza and hiking Goldwater Lake, and all the fun attractions the Quad-Cities area has to offer. He is also an avid collector of vintage baseball cards from the 1950's and 60's, and of course, Dodgers cards are always a favorite find.

David says, "I have experienced humankindness at YRMC firsthand, and I am thrilled to have the opportunity to join the YRMC Foundation and continue our positive impact in our community." Please join us in giving him a warm welcome.

your gift touching lives



Comfort and Confidence for Breast Care Patients

As part of breast cancer treatment, 30-35% of women undergo a full or partial mastectomy. In addition to being physically and emotionally challenging, the loss of a breast can lead to undesirable results. However, many of these challenges can be remedied through the use of bras and breast prostheses.

Thanks to community donations to the YRMC Foundation's Breast Care Fund, the Baskin Breast Care Center at YRMC recently launched a collaboration with Goodwin Street Pharmacy in Prescott to provide a bra and breast prosthetic to financially vulnerable breast cancer patients.

The many benefits of a bra/breast prosthesis combination include maintaining a balanced appearance under clothes, preventing muscle-skeletal issues and shoulder drop, keeping a prosthesis from shifting, protecting sensitive chest areas, improving body image, and enhancing self-confidence, without the cost and medical recovery of additional reconstructive procedures.

According to Kathi Hoffer, Manager of Imaging Services at the Baskin Breast Care Center, "Wearing a bra and prosthesis helps women feel like themselves again after recovering from mastectomy surgery. This collaboration helps ensure that women are fitted properly and comfortably with the best size prosthesis for their needs. We're grateful to our supporters of the Breast Care Fund to enable this important addition to our services for patients in need."

Mental Health Support for At-Risk Families

Founded in 1991, the Family Resource Center (FRC) at YRMC is the first and longest operating member of Healthy Families, a nationally accredited evidenced-based home visitation program for families with children ages 0–5. Thanks to donations to the YRMC Foundation's Behavioral and Mental Health Fund, the FRC Counseling program was launched in 2024 to help decrease symptoms related to perinatal mental health, anxiety, and depression as they affect parent-child relationships, parents accessing health and other services, birth outcomes, and overall wellbeing of children.

Led by Steve Longhi, MA, LPC, LISAC, the program has increased engagement and decreased no-show rates of those enrolled in Healthy Families. For families who enroll prenatally, increased engagement has been shown to increase healthy birthweight, access to prenatal care, and protective factors that help families withstand stress, promote child development, and build parental resilience.

Your gift touching lives (continued)



The Community Benefit and Ethics departments of our parent organization, CommonSpirit Health, have increased their focus on parental mental health and are exploring how elements of our FRC counseling program can be duplicated in our other facilities. Considering that approximately one in every 40 births in the U.S. is delivered at a CommonSpirit hospital, the potential to reach and support more parents and families is significant.

Improving Quality of Life for Patients with Dementia

Our Alzheimer's and Dementia Care team recently applied for and received a grant to enable the implementation of the GUIDE (Guiding an Improved Dementia Experience) Model at the Cunningham Center for Compassionate Aging at YRMC. The program will begin July 1, 2025

Instituted as a voluntary test model by the Centers for Medicare & Medicaid Services (CMS), GUIDE focuses on comprehensive, coordinated dementia care to improve quality of life for people with dementia, reduce strain on their unpaid caregivers, and enable them to safely remain in their homes as long as possible. It will achieve these goals through Medicare payments for a comprehensive package of care coordination and care management, caregiver education and support, as well as respite services for eligible patients with moderate to severe dementia.

A key element of the program is the inclusion of a Dementia Care Navigator to provide comprehensive and integrated care with the goals of improving the quality of life for patients living with dementia and helping to reduce caregiver burden.

A generous estate gift by former Yavapai Regional volunteer Larry Cunningham enabled the YRMC Foundation's Geriatric and Palliative Medicine Fund to support the Dementia Care Navigator for the first year startup costs.

Rockabye Project for the Family Birthing Center

Our Family Birthing Center at YRMC was in need of rocking recliners for our birthing rooms at the Prescott Valley campus to replace their aged wooden rockers and comply with updated hospital standards. Numerous studies worldwide, including a social, emotional and motor development evaluation through the Denver Developmental Test, have demonstrated the benefits of rhythmic patting and rocking for both mothers and infants.





The utilization of rocking chairs in the birthing room offers many compelling benefits. It eases crying and calms infants, correlates with earlier infant demonstration of smiling and positional movement, relaxes mothers and supports the mother-child attachment, reduces apnea in premature babies, decreases the need for pain medication, aids in post-cesarean recovery and earlier hospital discharge, and helps boost postpartum weight loss.

Through our "Rockabye Project" appeal, several sponsors came forward to support our Family Birthing Center Fund, enabling the purchase of Durfold hospital-grade rockers with sanitizable fabric and protective armcaps. We were grateful to contribute to this important project and help give our youngest patients a strong start.

Ensuring the Highest Quality Patient Care

Excellence in patient care is dependent on continuous development of clinical decision-making skills. Simulation labs provide a safe and collaborative environment for nurses to build confidence, refine their skills in both common and complex scenarios, and receive immediate performance feedback.

Thanks to generous donations to our Nursing Education and Community Care funds, the YRMC Foundation is contributing funds to cover the purchase of two advanced training manikins for our new simulation lab under construction at the Prescott campus.



The "Nursing Anne" manikin is designed to simulate care and management skills for a wide variety of inpatient scenarios. And the "SimMan Critical Care" manikin provides advanced training in respiratory care, critical care, and anesthesia scenarios. Both manikins give our nurses hands-on learning opportunities to practice basic and advanced medical techniques to provide the highest quality patient care for our community.

Please see Page 16 for more information on how you can support this initiative.

guardian angels



Dignity Health Yavapai Regional Medical Center's Guardian Angels are staff members, providers, and volunteers who patients or family members have honored by making a gift to the Foundation in their name.

We are pleased to introduce you to six new YRMC Guardian Angels recently recognized by our community and the YRMC Foundation. Each Angel received a certificate of appreciation and a custom lapel pin to wear, honoring their commitment to excellent care.

Have you experienced the power of humankindness at YRMC? Your support directly enhances patient care at our facilities and helps us further our mission of improving the health and quality of life in the communities we serve. Please use the QR code below to recognize your team member(s). We would appreciate any comments you might like to add and will share them with your honoree.

Additionally, every honoree and their guest will be invited to attend the Foundation's annual Circle for Excellence donor recognition program in November. We are most grateful to our donors who choose to express their gratitude in such a thoughtful



way. Likewise, we are blessed with a kind and compassionate workforce who embody our values of humankindness.



Lorri Blake, RN, Vascular Surgery "Lorri handled my blood pressure issue perfectly. She is kind, caring, concerned, and helpful."

Stacey Johnson, RN, Vascular Surgery "Stacey was knowledgeable, helpful, concerned, and caring. She was a true professional."



"Alyssa was exceptional in her care and went way beyond in explaining hospital policies and negotiating an easy discharge. She resolved procedural questions we had and even walked us through the hospital discharge forms."



Utibe (Joshua) Etudor, NP, Gastroenterology

"I would like to recognize Joshua for his kindness and excellent care."



Hilary Horton, RN, Cardiology

"Hilary professionally and carefully explained the heart monitor. She was knowledgeable and helpful."



Evie Suarez, Nursing Assistant, Post-Anesthesia Care Unit

"Evie turned out to be the daughter of our neighbor. It turned out to be a time of joyful remembrance, almost forgetting all else. Evie even wheeled me up to my room after surgery and made sure I was known to those caring for me."

news you can use

YRMC Foundation awarded three charity guide badges

We are pleased to share that the YRMC Foundation has been awarded charity transparency badges by making: Candid (formerly GuideStar), Charity Navigator, and Great Nonprofits. These badges provide visual assurance Foundation's commitment to transparency and evidenced impact in our charitable work.

the three leading guides for philanthropic decisionto our donors of the YRMC







Special Purpose Funds



Advanced Wound Care Fund



Diabetes Program Fund



Nursing Education Fund



Behavioral and Mental Health Fund



Employee Emergency Fund (not taxdeductible)



Partners | for Healthy Students Fund



Breast Care Fund



Family Birthing Center Fund



Physical Rehabilitation Fund



Capital Fund



Family Resource Center Fund



Volunteer Department



Clothing Closet Fund



Geriatric and **Palliative** Medicine Fund



Workforce Wellbeing





James Family Heart Center Fund







An important note regarding distributions from IRA accounts

Qualified charitable distributions from IRA accounts can be made only to qualified charities. Qualified charities do not include those which are classified as 509(a)(3) Supporting Organizations, including the YRMC Foundation.

In order to be qualified for favorable tax treatment, your IRA qualified charitable distribution must be made directly from your IRA custodian to our supported organization, Yavapai Regional Medical Center, Tax ID 86-0098923. As with non-IRA donations, your gift will be designated to

your specified fund of choice.

Please contact the YRMC Foundation at (928) 458-2900 if we can be of assistance.

Lifetime Donor Recognition

The true promise of giving is its ability to change lives. Through your support of the YRMC Foundation, you help change lives every day. Here we celebrate the lifetime giving of those who have donated at the Benefactor level and above through December 2024. Thank you for caring about Yavapai Regional Medical Center and the community we serve.

VISIONARY

\$1 Million And Above

Seymour and Sandy Baskin Larry Cunningham Harold James Family Trust Jeanne and Raymond Jenkins Diana Kruglick Town of Prescott Valley Del E. Webb Foundation The Woodruff Family

HUMANITARIAN

\$500,000-999,999

Anonymous

Fain Family / Fain Signature Group

Althea B. Friedman George A. Miller

Pendleton Memorial Fund

Sharon Reeves YRMC Volunteers

DISTINGUISHED BENEFACTOR \$250,000-499,999

φ<u>2</u>30,000-433,3

Anonymous

Arizona Community Foundation

Arizona Public Service Ken and Betty Hinderleiter Joe and Jane Jackson

Jean B. James

J.W. Kieckhefer Foundation

City of Prescott

Summit 4X4 Company

Universal Homes

Wells Fargo Bank

John M. Wolff Foundation

BENEFACTOR

\$100,000-249,999

Air Methods Corporation

The Albertsons Companies Foundation

Anonymous

Thomas and Rev. Kimball Arnold

John and Marion Baker

Carol M. Baltz

Bank of America Foundation

Tim and Bonnie Barnett

Evelyn Brockway

Owen B. Brown

Capital Canyon Club

John C. Carleton

Desert De Oro Foods Inc./Fork In The Road

William and Thelma Dunn

Joseph B. Hall

Dr. Everett and Florence Hendricks

J.C. Jeffay

Gregory A. Lewis

Lillian and Gordon Macgregor

Medical Services of Prescott

The Margaret T. Morris Foundation

NAZ Hospitalists

Robbie Nicol and Jerry Kohler

Nancy O'Brien

Dr. Dhirendra and Minaxi Patel

Barbara and Gene Polk

Prescott Anesthesia PLLC

Prescott Noon Lions Foundation

Dorothy Rummel

Bill Sonsin

Staskon Family Trust

Dr. Pierre and Ann Tibi

Cheryl L. Walcher

Richard and Shirley Walker









Prescott Frontier Days – Bucking Cancer





Texas Roadhouse - Stompin' Out **Breast Cancer**



Fork in the Road Restaurants –

Boot Out Cancer



Capital Canyon Club – Fashion Show









Chores Be Gone – Boo Bash



- Prescott Valley Republican Women
- Smart Girls Resale Fashion
- Trader Joe's Prescott
- Yavapai County Republican Women

Help train our next generation of nurses.

A nursing simulation lab is in planning and development stages to empower YRMC nurses with immersive training to ensure the best care and patient outcomes.

Designed to simulate both common and specialized care scenarios and environments, simulation labs provide practice scenarios for nurses to advance their skills, progressing through transitions of care from inpatient admission to ICU. This powerful education system will help us align nursing education with the demands of our evolving healthcare landscape, training our next generation of nurses to continue YRMC's legacy of excellence in patient care.

- Virtual live nursing education and Knowledge Hub
- Ability to record simulations for review and skill refinement
- Simulation manikins for a range of critical care and respiratory scenarios
- Realistic patient beds and vital sign monitors

Your gift to the Nursing Education Fund will help make this exciting program a reality.

Thank you for your support.



SupportYRMC.org/ Nursing-Education





A Dignity Health Member

About the Foundation

The YRMC Foundation is a not-forprofit, 501(c)(3) tax-exempt charitable organization and 509(a)(3) Type 1 supporting organization.

Yavapai Regional Medical Center programs rely on the charitable support of community members like you. No property taxes are levied to fund YRMC programs or to pay for capital improvements.

The YRMC Foundation has 17 areas of need to choose from. Give to what matters most to you. **100% of your gift** stays local and directly benefits patients and families through our programs.

Not-for-profit hospitals like Yavapai Regional Medical Center provide 95% of all vital health services, regardless of profitability. Each gift is gratefully received and is tax-deductible to the extent allowed by law and your own tax circumstances.

Gifts large or small, in cash, securities or real estate, made outright or provided for in a will or trust, donated in memory of, or in tribute to a friend or loved one, are valued and appreciated. Information regarding IRA distributions is available on page 12.

YRMC Foundation Board of Directors

Kevin Keighron, Chair COO (Ret.), Yavapai Regional Medical Center

Pierre Tibi, MD, Vice Chair Cardiovascular Surgeon The James Family Heart Center

Bill Sonsin, Secretary and Treasurer Financial Advisor (Ret.), American Express Financial Advisors (now Ameriprise)

Paul Braithwaite, DO Prescott Anesthesia PLLC YRMC Anesthesiologist

Chad Burge
President, Development and Operations
Desert De Oro Foods, Inc.

Erik Contreras, MD (Ex Officio) Chief of Staff, Yavapai Regional Medical Center

Leigh Ann Frankel, BSN Former YRMC Nurse President, Private Foundation Tony Ferrulli FDIC and Real Estate (Ret.)

Jenna James VP of Operations, Private Foundation

Lucy Leyva Owner, Prescott Maid to Order LLC

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Anthony Torres, MD (Ex Officio) President and CEO, Dignity Health Yavapai Regional Medical Center

Angela Walker-Weber Estate Attorney

Emeritus

Rev. Kimball C. Arnold Dave Barrett (past Chair) Seymour Dicker (past Chair) Ron Harvey, MD Joe Jackson Linda Medina (past Chair) Rowle Simmons Roger Stewart

YRMC Foundation Staff

David Brennan Chief Philanthropy Officer (928) 771-5623

Angi Bryan Manager of Philanthropy, Annual Support Gifts (928) 771-5169

Kate Hanni Manager of Philanthropy, Major Gifts (928) 771-4736

Jeanette Murphy Foundation Coordinator (928) 771-5690

Yavapai Regional Medical Center Foundation LEGACY CIRCLE



The YRMC Foundation's list of Legacy Circle donors recognizes those who have named our community's medical center as a beneficiary in their will or estate plan. While we honor those who have notified us of their plans, we also appreciate those who wish to remain anonymous.

If you have any questions or if a name was omitted in error, please contact:

YRMC Foundation 1003 Willow Creek Road Prescott, AZ 86301 (928) 458-2900 foundation.yrmc@commonspirit.org

Dean and Norma Anderson

Paul and Noni Anderson

Anonymous

Marvin D. Bailev

John and Marion Baker

Carol M. Baltz

Sandra L. Baskin

Waldo A. Bennier

Mr. and Mrs. Richard I. Besser

Evelyn Brockway

Tracy Carter

Linda and Leon Cheek

Larry R. Cunningham

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Brian and Dawn DeVries

Seymour and Judith Dicker

Albert and Virginia Dietrich

William and Thelma Dunn

Barbara Elliott

Joyce S. Evans

Lloyd and Nancy Ewart

Eben and Nelda Fetters

Gary and Jeanette Frank

Althea B. Friedman

Paul Garrow and Minerva Radovan

James Green

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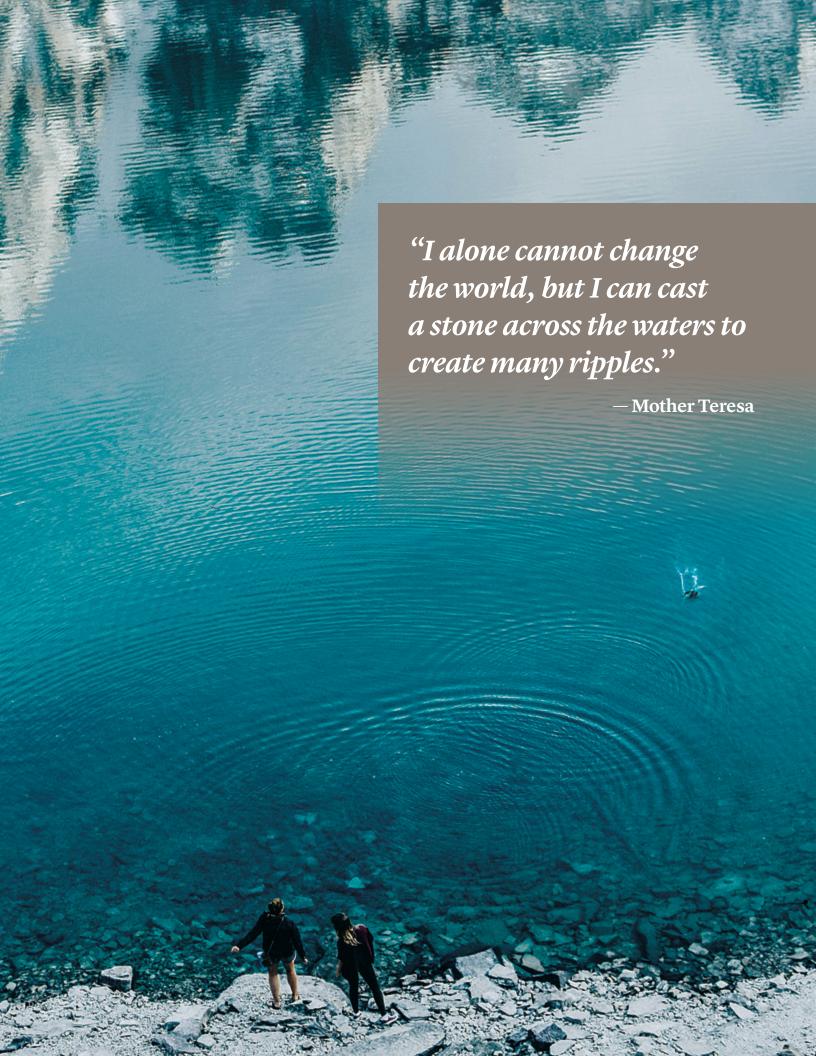
Cheryl L. Walcher

Dorothy L. Ward

The Woodruff Family

Legacy is what lives on beyond us.







1003 Willow Creek Road Prescott, Arizona 86301

RETURN SERVICE REQUESTED



PHONE: (928) 458-2900

EMAIL: foundation.yrmc@commonspirit.org

WEB: SupportYRMC.org

Touching Lives

Purpose

The YRMC Foundation inspires and nurtures a sacred relationship with Dignity Health Yavapai Regional Medical Center and our communities to ensure excellence in health and healing.

Mission

We provide the vehicle for donors to express philanthropy and touch all the people of our communities. We develop funds through inspired donor involvement in order to ensure YRMC's ability to meet ongoing health care needs.

Please contact us if you wish to have your name removed from the list to receive future fundraising requests supporting Dignity Health Yavapai Regional Medical Center and the YRMC Foundation. You may call us at (928) 458-2900, or email us at foundation.yrmc@commonspirit.org.